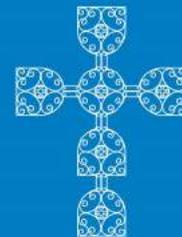


Saint Chad's | Echo

The Quarterly Magazine of the Anglican Parish of Fullarton



December 2018—
February 2019

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Services...

Sunday Worship:

8:00am
Said Holy Communion
(followed by morning tea)

9:30am
Sung Communion Service
(Informal setting with hymns, songs and Sunday School during School Terms)

11.30am
2nd & 4th Sunday of the Month [during school terms]
YOGA CHURCH for all ages
Incorporating Meditation & Movement to prayer.

4th Sunday of the month
Healing Service with Communion
(Informal setting with hymns, songs and Sunday School during School Terms)

Weekday Worship:

Thursdays - 9:30am
Please note time change
Morning Prayer with reserved sacrament.



After 9 years... of ministry I announced my resignation to take up a full time chaplaincy position at

Pulteney. (Yes I am following in the footsteps of Andrew Mintern!) It was a very difficult decision to make but after much soul searching, prayer and spiritual direction I felt it was the right timing for both the parish and myself to enter into a new ministry phase. I am looking forward to my new role at Pulteney as it is one of the only chaplaincy positions in Adelaide that does not have a teaching component. I will be solely in charge of weekly Chapel services and working with students to plan worship. I will also be working with a wellbeing team and in charge of implementing a new social services program. I will be responsible for the spiritual care of both staff and students from ELC to year 12. What excites me the most is that the principal has given me a clean slate to work with and I'm hoping that all of the pastoral skills that I have gained at St Chad's and all of the services and talks that I have created during my time at St Chad's will make this an easy and enjoyable transition. I am writing this article at our final Spiritual Spa Day for 2018, sitting in our beautiful grounds at our labyrinth table. It feels right to be doing this as this time has given me the head and heart space to look back over my nine years and think about all of the things that we have done and achieved together.

I have loved designing and compiling our weekly liturgies especially Lent, Advent, Christmas and Easter. I have loved leading our worship and creating meaning with visual displays. I have enjoyed trialling Café and Create Church and am so thankful for how encouraging and embracing you have been about all of our services and my sermons (including my lame jokes!)

I have loved working with the people of this parish, being able to brainstorm ideas and hear suggestions then bring them to life. Selling and buying the Rectory, engaging the community and creating our garden, Little Chad's, streaming lining our Fayre, outreaching to the community through our Baby Cuddles program, Spiritual Spa Days, Live Nativity Services, Christmas Eve 11pm service, Carols in our community garden, Yoga Church and installing solar panels are just some of the initiatives that we have brought to fruition.

I have been blessed by each of you as you took me into your confidence and allowed me to walk with you and your families' in times of need. I feel so thankful that I have been part of this community. You welcomed me and my family, you upheld and respected us in our time of need. Thank you for your care, love and, most of all, friendship, which I know will not diminish or change with my leaving.

For the final time...

Blessings from Tracey

My Last Service...

Will be on Sunday, January 6th. I hope that you will be able to join me so I can say goodbye and thank you in person. A shared bunch will follow this service, more details will be forthcoming from Gay and Meriel.

Your Locum will be ...

Jeff Oake, who has been appointed by the Archbishop on a part time basis. Jeff will commence on Tuesday, January 8th until after Easter. He will be in the parish on Sundays and during the week on Tuesday morning or afternoon and Thursday morning. Many of you would have met or seen Jeff as he is the drummer for the Wodgers! I have known Jeff for over 20 years. He was one of the instrumental people who helped me discern my call to the priesthood. He is a lovely, friendly and approachable man and is looking forward to being at St Chad's.

Important Diary Date

Annual Vestry Meeting

Sunday, February 10th

Vestry Papers and Budget will be posted in February.

The Vestry Meeting will take place at the conclusion of the 9.30am service

This will be your opportunity to voice your opinions about the future employment of staff and our next parish priest.

Connecting faith, family & friends

The Rev Tracey Gracey's Appointment to Pulteney Grammar School and the maintaining of a good and holy life thereafter for St Chad's!

Members of the Parish of St Chad's rejoice for our beloved Rev Tracey Gracey in her new appointment as Chaplain of Pulteney Grammar School.

At the same time parishioners are very sad indeed that Tracey will leave us after nine happy, most innovative and active years as our Priest, leading us spiritually and practically in our worship of God and with that unique characteristic of being "everything to everyone" of whatever age.

The Services conducted each Sunday are modern, inclusive, and very relevant to our everyday lives as we strive to carry out God's work. In conformity with the Church's seasons of the year Tracey has the singular ability to make each season relevant to this modern day era.

Tracey has not only led parishioners in reaching out to the community but, along with a committed team of people has brought the community to St Chad's with Little Chad's, Yoga Church and Friday cuddles to mention but a few of her initiatives. So many other church activities have been introduced some sacred, as Spiritual Spa Day, and others celebratory.

Combining her priestly duties with the part-time chaplaincy of Walford Anglican School for Girls, Tracey has given of herself far, far beyond the call of duty, so very much appreciated by each and every parishioner and all at Walford.

The role of each of us is now to maintain all the wonderfully good things that Tracey has introduced to St Chad's and build on them in the best way we can. Nothing must slip!

As we seek to find a new priest, let us maintain what Tracey, as our spiritual leader, and the members of our Church have created. St Chad's has the most enviable reputation in South Australia as an innovative, all-inclusive, welcoming Church, open to all people of whatever hue, religious persuasion or sexual orientation. We could not be more appreciative for all that Tracey has done for us and the Church that she has created for us today.

Gay Gardner [Priest's Warden] & Meriel Wilson [People's Warden]

From your Nomination Committee

Our Nomination Committee, (Gay Gardner [Priest's Warden], Meriel Wilson [People's Warden], Lorna Hallahan, Peter Ward and Nigel Daw) is preparing to meet with the Archbishop and the Diocesan Nominations Committee in the near future to begin the process of appointing a new parish priest.

An interim budget for 2019 has been prepared for consideration by Parish Council. This budget will look quite different, as the Walford School funding will cease. In 2019, the Parish Council remains **committed** to employing Julie Ascher-Ellis as our Children's and Outreach Worker, Helen Spring as our Administrator and Peter Dutton as our musician. However these positions might be in jeopardy with the appointment of a full-time parish priest. If you have any suggestions of a suitable priest for this parish please let one of the members of the nominations committee know.

From the Treasurer

Changes to St Chad's will mean a more detailed look at our budget for 2019

Some things that will affect us are

- The changes to the minister's position

- No salary for Tracey

- Locum remuneration for 2 days per week (estimated) until we can appoint a new minister – we are not sure how long that will take

- The rectory may be rented out until a new minister is appointed, thereby generating some rental income

- No further funding from Walford, thereby reducing our income

All this means a much more uncertain budget which will perhaps lead to a tighter review of expenses

Some expenses we may have to budget for are

- New laptop and IT

- Maintenance on the Hall eg painting outside eaves

- Maintenance on the rectory when it is vacant

During this time we need to be mindful of unusual expenses that may impact our viability

As a general comment, if our overheads are about \$120,000 per year for a part time priest, this means we need income/giving/donations of about \$55/week per parishioner to offset this.

Please bear this in mind.

As a final note, I am ceasing to be Treasurer from 31st Dec 2018 and Jenny Hokin is taking over. I have appreciated the support from Tracey, Helen Spring, Jo Prosser and Parish Council and everyone else over the last 8 or so years.

Andrew Brown

In the Children's Room

Last Term was another busy and fun term. On Sunday mornings we began using Lego and Duplo to retell Bible Stories. The idea being that the children would build the scenery and characters for their story and use stop motion animation to film their stories and share with the congregation when completed. This is still a work in progress but has been successful in engaging all children.

Again, our children were involved in the Fayre. We made Morse Code bracelets with hidden messages to sell. Some of our children were busy helping on stalls and in the children's area selling Lucky Dips and taking money for face painting and balloon animals.

A big thank you to kind parishioners who donated money towards face painting, balloon animals and Funky Junk so that the children's activities were successful. It's always really pleasing to see so many of our Little Chad's and Friday Cuddles families attend our Fayre and enjoy being part of our community.



Little Chad's

Little Chad's our music, play and story time continues to be great fun for preschool children and their parents/carers. Each week I contact the families and let them know the theme for the day. The children enjoy bringing something to share to fit the theme or dressing up. We are grateful that Jo Mintern continues to lead the program with her beautiful voice and lovely welcoming nature.

Friday Cuddles

Our Friday Cuddles outreach program continues to offer support to mothers of young children attending the Pilates sessions on Friday mornings, by providing child minding and helping with their babies some as young as 4 weeks.

Rosefield, St Chads', Glenunga & Malvern Combined Youth Group

Untitled continues to meet on the 1st Saturday and 2nd and 4th Friday of the month. Once a term we have a service project, which I coordinate. As Glenunga and Malvern have some new leaders I have decided to take a step back from leading this group but will still be available to lead the service project or to step in if they are short on leaders for a particular event.

Julie Ascher-Ellis

Circle 123—The Ali Baba Family.

As you will be aware, a group of St Chadians have formed a "Circle of Friends", known as Circle 123, under the auspices of Circle of Friends Australia, in order to support the Baba family.

I am delighted to report that the family of eight people have moved from a one bedroom unit to a three bedroom house in Kilburn. They have settled into their new environment very happily and the two daughters are already enrolled in TAFE and doing well. Circle 123, who have one-off as well as regular financial donations, now provide \$200 per week to the family to assist them with the bare necessities of life.

A highlight for the Sunday School children was when Jane Nelson brought Somaya her mother and sisters to visit; the children were able to present Somaya with the gifts they had made for her and her family. We played some get to know you games and demonstrated St Chad's hospitality by sharing morning tea with them. The children were impressed to hear that 16 year old Somaya had never been to school before but is finding Year 10 Maths Easy!

We are currently exploring driving lessons for the two daughters, as well as English language assistance for the two sons. A BBQ is being planned so that those who have contributed to the needs of the family can meet each other. A translator will be present to assist with communication.

The two young men of the family are very keen to obtain some casual employment, eg. gardening, painting etc. Please contact Jane Nelson of this parish for more details.

The family are hugely grateful for all the support that we have been able to provide-- and members of Circle 123 gratefully acknowledge the generosity of St Chadians who have donated food and other items.



Thank you all—Meriel Wilson

Parish Life



Archbishop Geoff's first visit to St Chad's & confirmation service for three Walford Students.

Celebrating the Community of St Chad's breakfast Thank you to Venessa & Julie for preparing a wonderful feast.



8 O'clockers wish Jo a Happy 80th Birthday! Congrats Jo!

Bless Your Pets Service
with guess what yoga animal I am!



New & Old four-legged friends



The Fayre—Photos tell our story

The result on the day & still climbing!	2018
Barbecue	575
Breakfast	154
Books	765
Cakes	1,255
Children's	1,126
Christmas	909
Clothing	847
Collectors' Corner	1,595
Craft & Jewellery	
Drinks	78
Morning Teas	516
Music	587
Plants	371
Face Painting	
Preserves	1,198
Raffles	602
Face Painting	289
wine	
Donations	500
Spare	
Miscellaneous	
	11,366



Smiling faces in the kitchen & garden!



Funky Junk Playground a great success!



New Queen & Princess of Raffles!

Richard would have been pleased!

Cheers to a successful Fayre!!



Richard Gardner's Memorial Service at Goldhanger Essex

As many of you know I tragically lost Richard on the 9th of May of this year. A beautiful Celebratory Service conducted by our Priest, the Rev Tracey Gracey, assisted by the Rev Helen Gibson White, was held in St Chad's a few days later. The church was filled with family, parishioners and friends.

Being not only an Australian but a proud Englishman, members of our family and I wished to have a plaque in memory of Richard placed on his parents' and grandparents' grave in a beautiful country church yard of St Peters Church Goldhanger, Essex. Richard's grandfather, the Rev Frederick Thomas Gardner, had been Rector of this church in this small village of Goldhanger for forty-three years. A very special place for Richard, Goldhanger held many happy memories as he and his family had sailed on the nearby Blackwater River and camped on its banks.

Although not permitted by the Rural Dean and Chancellor of the Diocese to have a plaque on the family grave at this stage, our daughter Sally, son Alex and his wife Sumi and I travelled to England where we had a beautiful Memorial Service at the graveside of Richard's parents and grandparents.



Richard's brother, Nigel, eleven months younger than Richard, had tragically died four months before Richard in Florence, Italy. Simon, Nigel's son, travelled from London with his wife Ali and small son Joey to join with us in commemorating not only Richard's going, but Nigel's as well.

Conducted by the Rev Sue Godsmark, Priest in Charge of St Peter's Goldhanger, and attended by twenty family members and friends, it was a very special and memorable occasion. Prayers were said for Richard and Nigel. Sally, Alex and I each delivered eulogies for Richard, including an excerpt from Lelea our third daughter's eulogy, all of which were originally delivered at Richard's celebratory service. Simon delivered a eulogy for his father Nigel.



We laid wreathes in memory of Richard and Nigel. The village of Goldhanger honoured Richard and Nigel with the presentation of a wreath.

The bells of St Peter's Church rang out to mark the beginning of the Service and the bells pealed out a very special hymn at its conclusion. These particular bells had been donated by the Grandfather, the Rev Frederick Thomas Gardner, in 1908.

Our Service for Richard and Nigel was beautiful, conducted in a place held so dear to them, surrounded by their very loving and beloved family and friends, reunited for all time in spirit with their parents and grandparents in a wonderfully peaceful resting place.

Gay Gardner

Men's Dinner at the Ark—Take 3!



Is your bowel bugging you? This was the title of the talk at the St Chad's Men's dinner held this week, given by Rob Bryant and Chris Rayner.

The talk provided an overview of the 'microbiota', referring to the collection of microbes living in your gut. The gut microbiota consists of more cells than in the entire human body and may be considered a previously unrecognised 'organ'. The gut microbiota are integral to health, and each of us has an interdependent relationship with the bugs in our gut. Disturbances of the gut microbiota are associated with many diseases, including diabetes, obesity, neurological diseases, various cancers, inflammatory conditions, and cardiovascular disease. Our gut microbiota is acquired during infancy and is influenced by many factors, including mode of delivery, breast feeding,

hygiene, and antibiotic use. Diet is a key factor influencing the composition and function of our gut microbiota throughout our lives and could be viewed as the 'fertiliser' for our own ecosystem. Cultivating a healthy gut requires a broad and balanced diet, which is high in fibre, grains and vegetables, and low in animal fat, processed foods, and refined sugars.

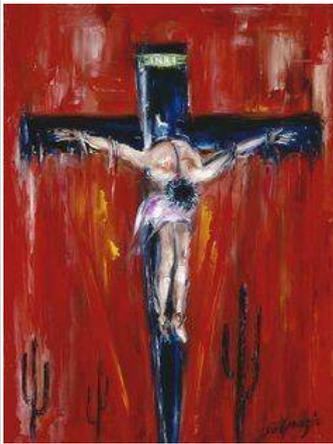
Manipulation of the gut microbiota is an exciting avenue of therapy that may be beneficial across a broad spectrum of diseases. Current probiotics lack the density and complexity to integrate with native gut flora in most people. Faecal microbiota transplantation (FMT) involves transfer of donor stool into the bowel of a person with a disease. FMT has been shown to be effective for several conditions, including a nasty infection called *Clostridium difficile*, as well as for ulcerative colitis. The future is bright with the prospect of rationally designed microbial therapies which may change the way we treat many diseases.

Thank God for the bugs in our bowel!



John Bryant

Some thoughts on the death of Jesus...



I have never believed that “*Christ died for my sins on the Cross of Calvary*” and have spent 70 years seeking a plausible reason why Jesus “*had to die*”, as the Church teaches, at the age of around 33 years. What difference would it have made if he had lived and taught to old age like Buddha (75 years) or Confucius (72 years) or Mohammad (62 years) and died of natural causes? At last, a satisfactory explanation, courtesy of John Spong in his last book “Unbelievable!” The explanation, not surprisingly, is closely linked with events that took place in Judea in the 1st Century CE.

The Romans invaded Judea in 63 BCE (before the common era) and controlled the Jewish inhabitants for the next 198 years. Their approach in such invasions was to support as much of the local culture as they considered necessary to maintain good order but, at the same time, to control local leaders. It was in this context that Herod the Great (a Jew) was named “King of the Jews” by the Romans in 40 BCE in return for his loyalty to Rome as a “puppet” ruler. He is famous in Matthew’s Gospel as the tyrant who ordered the slaughter of the infants around the time of Jesus’ birth in 4 BCE. It is believed Herod died in the year 1 CE. However, he was succeeded by his children as (Roman-controlled) rulers of the Jews.

The Jews deeply resented the Roman occupation, including the Herodian “puppet” dynasty. But there was also much dissatisfaction in the general Jewish community with the Jerusalem Temple leadership (High Priests, etc), who supported Herod’s kingship. He endeared himself to them by overseeing the massive expansion of the Temple precinct.

The first overt indication of Jewish community rebellion against the Romans was the uprising led by Judas the Galilean in 6 CE. Judas was a member of the Zealot sect. There were seven sects, including Pharisees, Sadducees, Scribes, etc within the Jerusalem Temple. Judas’ rebellion was put down by the Romans with great force. There were other similar rebellions reaping the same fate during Jesus’ lifetime and beyond. Indeed the prospect of ending the Roman occupation was a constant distraction for the Jews of 1st Century Judea, leading to the 1st Jewish-Roman War of 66 to 73 CE. This terminated in the tragedy at Masada when 960 Jews chose suicide rather than continue to live under Roman occupation. There was a 2nd war - 132 to 135 CE – which culminated in Jews being expelled from Judea. The bloodshed in these two conflicts has been estimated at around half a million Jewish lives in each.

It is not surprising, therefore, that 1st Century Jews should look into their history and find hope in the person of an *anointed one* – a Messiah – who would restore the “chosen people” to their rightful place, as conveyors of Yahweh’s *good news* to all nations. The time had surely come for Yahweh to act on his promise!

Jesus was seen by his followers as a “spirit-filled” person with direct connection to his Father (Yahweh) and therefore a leader who could bring about the intervention of God to overthrow the Romans. His teaching about the “kingdom of heaven” ruled by God could be interpreted as a blatant act of sedition against Rome and its God-Emperor: Jewish dissidents heard in such teachings the *message of rebellion* they wanted!

Jesus’ triumphal entry into Jerusalem, followed by his denouncing of the Temple authorities, gave every indication that the hoped-for apocalyptic event was about to take place. Peter had earlier summed it up: “*You are the Christ (Messiah)*” (Mark 8: 29).

As events of Jesus’ last week unfolded, his role in the hoped-for overthrow started to become suspect: clearly his teaching in Caesarea-Philippi that he must “...*suffer many things,and be killed, and after three days rise again*” (Mark 8: 31) had been forgotten. The Disciples’ thinking was, perhaps, far more on him summoning squadrons of invading angels..... Could it be that Judas was the first to realise “*it’s not going to happen.....*”? Jesus’ prayer in the Garden of Gethsemane was followed by his arrest and the scattering of the Disciples: “*And they all forsook him and fled*” (Mark 14: 50). According to the Gospel account, Peter was devastated at this turn of events: “*I do not know this man of whom you speak*” (Mark 14: 71).

Jesus, himself, had given no indication in his teaching of any violent overthrow of the Romans. In fact, quite to the contrary, he is reported as teaching “*Love your enemies and pray for those who persecute you...*” (Matthew 5: 44). The passion literature of the Gospels reinforces this fact. Even in the agony of a most excruciating death, Jesus only had words of forgiveness for his persecutors (Luke 23: 34) and kindness for the robber crucified with him (Luke 23: 43). He followed through on his mission of justice and kindness to the bitter and painful end: Jesus had only one “message” in the face of betrayal, violence and humiliation which was – FORGIVENESS and LOVE.



Wisdom for Living
COUNSELLING AND THERAPY

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There is no doubt that Jesus’ demonstration of total commitment to the “essentials” of his teaching – justice, compassion, forgiveness, love,..... – *in his death*, had a **transforming** impact on his Disciples: the Resurrection may be seen as a metaphor for this *transformation*. Indeed, it was so universal in his followers that the *tone* adopted by the Gospel-writers was centred on these “essentials” and totally removed from vengeance and hatred even in the face of some of the World’s worst brutalities carried out against the Jews in the same time period.

Yes, Jesus “*had to die*” in those 1st Century circumstances to demonstrate his total commitment to the principles of his teaching and his call to our discipleship.

John Argue and Friends

Christmas AT ST. CHAD'S



Carols

IN ST CHADS
COMMUNITY GARDEN

SUNDAY 16TH DECEMBER
GATHERING IN THE GARDEN FROM
6.30PM – 9PM
14 CHELTENHAM ST, FULLARTON

BYO drinks, nibbles, chairs, rugs
Free tea & coffee, Face Painter

Gold coin donation for carol booklet & candle

CELEBRATING THE Christmas STORY

SUNDAY 9TH DECEMBER

9.30am
Animal Parade and Story
10.15am – 12.30pm
Petting Zoo and
Camel Rides

Free morning tea
Brunch & soft drinks
available for purchase



Christmas EVE

MONDAY 24TH DECEMBER

6.00PM

Family Service with carol singing

11.00PM

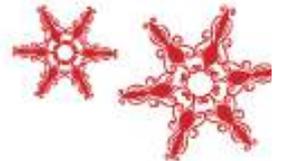
Reflective Communion Service

Christmas DAY

TUESDAY 25TH DECEMBER

9.00AM

All age Christmas Communion



St Chad's Directory

Nursing Home Ministry:

Monthly services are taken at:
Southern Cross Homes
Fullarton Lutheran Home
Carinya Nursing Home
Please contact the priest for details.

Other Pastoral Services:

- Thanksgiving for the birth of a child
- Baptisms
- Blessing of a relationship
- Weddings
- House blessing
- Prayers for specific needs
- Ministry of reconciliation (confession)
- Spiritual direction
- Quiet days and retreats
- Home Communion for the sick
- Anointing for the sick or dying
- Funerals

Other Parish Activities:

Sunday School
Julie Ascher-Ellis
8379 7825

The Prayer Ring
Wendy Retsas
8276 5021

Youth Group
Tracey Gracey
0417 899 603

Little Chad's
Julie Ascher-Ellis
8379 7825

Parish Priest:

Rev'd Tracey Gracey
Ph: 0417 899 603
Email: graceyfam@iprimus.com.au

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